

PROFESSIONAL FOOD MANAGER POWERPOINT PRESENTATION

Chapter 2 | Foodborne Illness



Overview

After completing this lesson, you should be able to:

- Identify ways that a person could contract a foodborne illness.
- Discuss high-risk populations and best practices for protecting them.

CHAPTER 2: Foodborne Illness

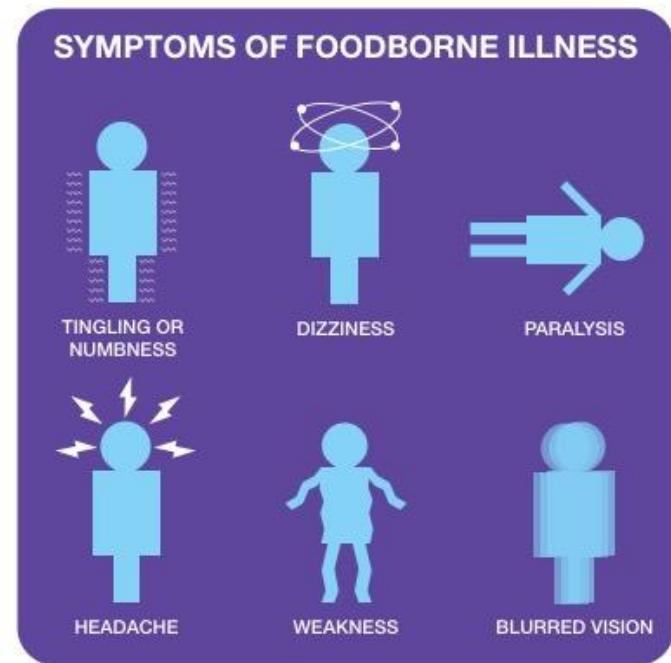
Lesson 1: Foodborne Illness Vs. Foodborne Illness Outbreak



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Lesson 1: Foodborne Illness Vs. Foodborne Illness Outbreak

- Symptoms from toxins include:
 - Headache
 - Tingling or numbness of the skin
 - Blurred vision
 - Weakness
 - Dizziness
 - Paralysis



Lesson 1: Foodborne Illness Vs. Foodborne Illness Outbreak

CDC Five Risk Factors:

1. Improper hot/cold holding temperatures of potentially hazardous food
2. Improper cooking temperatures of food
3. Dirty and/or contaminated utensils and equipment
4. Poor employee health and hygiene
5. Food from unsafe sources

CHAPTER 2: Foodborne Illness

CDC RISK FACTORS



**IMPROPER COOKING
TEMPERATURES**



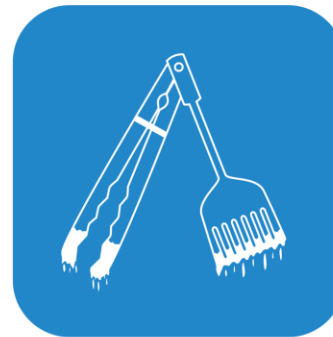
**POOR EMPLOYEE
HEALTH & HYGIENE**



**IMPROPER
HOT/COLD HOLDING
TEMPERATURES**



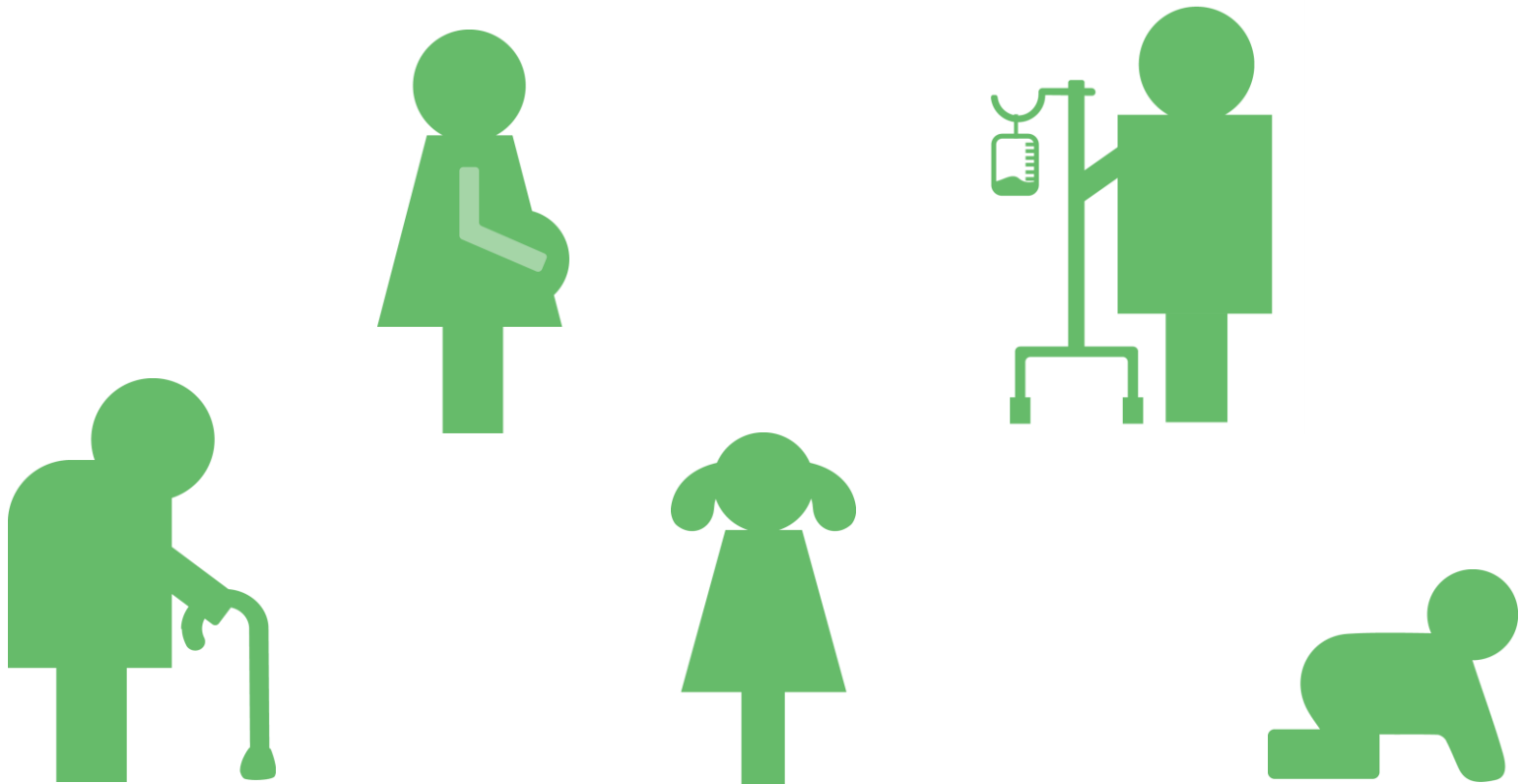
**FOOD FROM
UNSAFE SOURCES**



**DIRTY AND/OR
CONTAMINATED
UTENSILS & EQUIPMENT**

CHAPTER 2: Foodborne Illness

Lesson 2: High-Risk Populations



Lesson 2: High-Risk Populations

High-risk populations should avoid:

- Raw or undercooked meat or poultry
- Raw fish, partially cooked seafood, and refrigerated smoked seafood
- Raw shellfish
- Unpasteurized milk and products
- Soft cheeses made from unpasteurized milk
- Raw or undercooked eggs

Lesson 2: High-Risk Populations

High-risk populations should avoid:

- Unwashed fresh vegetables
- Unpasteurized fruit or vegetable juices
- Hot dogs, luncheon meats, fermented and dry sausage, and other deli-style meats
- Salads prepared on site in a deli-type establishment
- Unpasteurized, refrigerated pâtes or meat spreads
- Raw sprouts

CHAPTER 2: Foodborne Illness

Questions

